



Adrenaline and Stress: The Exciting New Breakthrough That Helps You Overcome Stress Damage

By Archibald Hart

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Adrenaline and Stress: The Exciting New Breakthrough That Helps You Overcome Stress Damage By Archibald Hart Bibliography

- Sales Rank: #303614 in Books
- Published on: 1995-07-05
- Released on: 1995-07-05
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .63" w x 5.47" l, .64 pounds
- Binding: Paperback
- 240 pages

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Editorial Review

About the Author

Dr. Hart is a professional psychologist, a prolific writer and well-known speaker. He covers different topics including the treatment of panic attacks and depression as well as stress.

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