

## Happy to Be Me!: A Kid Book about Self-Esteem (Elf-Help Books for Kids)

By Christine Adams, Robert J. Butch





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Elf-help Books for Kids - Addressing the needs of children and the adults who care for them. By Christine Adams and Robert J. Butch; Illustrated by R.W. Alley Helping children develop good self-esteem means helping them simply be themselves. It means letting them know how loved and cherished they are-just because of who they are. The elfin friends in this colorful book lead the young reader through a process of self-discovery: exploring uniqueness, building a healthy-self-image, and preparing for challenging situations. Every child in the world is special, gifted, and wonderful. And each one deserves to feel "happy to be me"! This honest and upbeat book will bring real help and understanding. Softcover; 32 pages. 8" by 8".

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