



Body Voice Imagination: A Training for the Actor (Theatre Arts (Routledge Paperback))

By David Zinder



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A great actor can bring us to tears without saying a word. What makes the actor great? Total Physical Awareness - it's what every actor needs to seize the creative moment and steal the show. Veteran acting trainer David Zinder has spent a career helping actors at all stages of their careers fine-tune their stage presence and harness their talent through a unique series of exercises that hone the actor's fundamental expressive tools - the body, the voice and the imagination. Drawing upon the proven methods of David Zinder's workshops and acting classes, Body Voice Imagination teaches a set of skills so that the actor can be ready to perform at his or her highest level of creativity. Organized with a practitioners' theoretical and aesthetic concerns in mind, the exercises in this volume build on the link between technique and inspiration, providing a practical overview of Zinder's "Logic of Training" that lends from the bases of physical awareness, to advanced non-vocal and vocal imagery improvisations, to the fundamentals of the Chekhov school of acting. Body Voice Imagination communicates the joy and passion that motivate our geniuses of the stage, and reveals the secret behind their success. The beginning actor will find here the tools to prepare for a life on stage, and the experienced performer will appreciate techniques that will turn good performances into great ones.

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Editorial Review

Review

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David Zinder's book Body Voice Imagination is a generous take-you-by-the hand guide to daily training for actors, directors and teachers. Insightful, unpretentious and thorough, Zinder conveys his own journey of discovery as he lays out a path for realizing creative potential. -Anne Bogart, Author of 'A Director Prepares'. Expanding upon the seminal approach of Michael Chekhov to exciting, this very well organized, progressive workbook for the integrated development of the actor's body, voice, and imagination, will be of great use as a sourcebook for teachers of acting -Phillip Zarrilli.

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