



## Colon Health Key to Vibrant Life

By Dr. Norman W. Walker



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Dr. Walker focuses your full attention on this forgotten part of the body. He will lead you on a tour of each vital organ of your body explaining how it is affected by the condition of the large intestine, the colon. Learn how through proper care of the colon you can prevent and experience relief from constipation, asthma, colds, allergies, respiratory disorders, digestive problems and numerous other ailments.

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### Editorial Review

#### About the Author

Dr. Norman W. Walker is one of the pioneers of the raw foods movement and is recognized throughout the world as one of the most authoritative voices on life, health and nutrition. Dr. Walker shares his secret to a long, healthy, productive life through his internationally famous books on health and nutrition.

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