



Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8)

By George Shepherd

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Wild Orange, or *Citrus sinensis*, has been used for centuries in Chinese medicine. Orange was used primarily for digestive purposes, to stimulate the digestive tract and to reduce spasms. Wild orange does more than that, however; its antibacterial, antifungal, and antidepressant properties make it an exceptional disinfectant, while its sweet scent uplifts, energizes and restores peace. Wild orange can be used to kill pathogens, fungus, and even support the body's defenses against cancer. Cultivated in the Dominican Republic, wild orange is composed of 85-95% limonene, which means it has powerful antioxidant properties, alongside other citrus fruits, like lemon, grapefruit, and tangerine.

Beyond those applications previously mentioned, additional uses for Wild Orange essential oil include strengthening the body's defenses against colds, flu, flatulence, constipation, acid reflux, heartburn, stomachache, indigestion, muscle pain, digestion, gums, mouth, and dull skin. When it comes to the mind, the oil can be mentally uplifting, and so can serve as an anti-depressant. It both calms and re-energizes, restoring peace.

Main Properties of Wild Orange Essential Oil: Antioxidant, Antibacterial, Antifungal, Anti-inflammatory, Anticarcinogenic, Antidepressant, Antiseptic, Antispasmodic, Carminative, Digestive, Sedative, Tonic, Choleric, Hypotensive, Stimulant

Common Medicinal Uses Include: Immune System Booster, Skin Care, Anxiety Disorders, Digestive Issues, Detoxifying Agent, Muscular and Nervous Spasms

Recipes for Wild Orange Essential Oil Included: Pure Applications, Anxiety, Calming, Courage, Constipation, Cooking, Diarrhea, Digestive Aid, Emotional Balance, Fear, Heartburn, Heart Palpitations, Immune Stimulant, Insomnia, Jaundice, Menopause, Mouth Ulcers, Nervousness, Skin (Dry, Sensitive, Eczema, Dermatitis, etc), Uplifting, Withdrawal

Special Blends: Aphrodisiac Massage Blend, Aphrodisiac Scent, Bedside Pillow Spray, Calming Bath Blend, Calming Massage, Cheery Citrus Diffusion Blend, Cheery Citrus Spray, Cheery Diffusion Blend, Chills & Colds Warming Bath

Blend, Circulation Stimulant, De-stress Massage, Energy Booster, Flea & Tick Repellant, Harmonious Diffusion Blend, Jetlag Fix, Joyful Mist, Libido Diffusion Blend, Pick-me-up Diffusion Blend, Stress Relief, Uplifting Scent

Wild Orange Essential Oil Studies Included:

- Study 1 – Acne
- Study 2 – Antimicrobial Activity
- Study 3 – Anxiety Disorders
- Study 4 – Colon Cancer
- Study 5 – Antibacterial Activity
- Study 6 – Insecticidal Activity

Essential oils are ultra-potent oils, extracted from plants and flowers that have been utilized in medicine for centuries. Presently, they're most commonly used to supplement pharmaceutical medication, but they can also be an effective alternative to pharmaceuticals in the event that you don't have access to them. Before you dismiss essential oils as a means to support the body's natural defenses against injuries and illness, take a look at the historical evidence of the oils' medicinal competence in practice.

Learn exactly how to use Wild Orange Essential Oil safely and effectively. Special bonus included for kindle customers!

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Gina Gregg:

This Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is actually information inside this publication incredible fresh, you will get details which is getting deeper a person read a lot of information you will get. This particular Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) without we recognize teach the one who examining it become critical in considering and analyzing. Don't become worry Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) can bring once you are and not make your handbag space or bookshelves' turn into full because you can have it within your lovely laptop even phone. This Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) having great arrangement in word and layout, so you will not really feel uninterested in reading.

Michelle Oquinn:

People live in this new moment of lifestyle always make an effort to and must have the spare time or they will get lot of stress from both everyday life and work. So , once we ask do people have extra time, we will say absolutely yes. People is human not really a huge robot. Then we ask again, what kind of activity have you got when the spare time coming to you of course your answer will certainly unlimited right. Then do you try this one, reading publications. It can be your alternative within spending your spare time, often the book you have read is usually Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8).

Elaine Sitz:

Reading can called mind hangout, why? Because while you are reading a book specifically book entitled Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) your head will drift away trough every dimension, wandering in every aspect that maybe unidentified for but surely will become your mind friends. Imaging every word written in a e-book then become one form conclusion and explanation which maybe you never get before. The Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) giving you another experience more than blown away your brain but also giving you useful facts for your better life in this particular era. So now let us teach you the relaxing pattern this is your body and mind will probably be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

Betty Peoples:

This Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) is great guide for you because the content that is certainly full of information for you who have always deal with world and have to make decision every minute. That book reveal it facts accurately using great organize word or we can declare no rambling sentences included. So if you are read the item hurriedly you can have whole information in it. Doesn't mean it only offers you straight forward sentences but tough core information with splendid delivering sentences. Having Wild Orange Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 8) in your hand like keeping the world in your arm, information in it is not ridiculous one. We can say that no book that offer you world inside ten or fifteen second right but this guide already do that. So , this really is good reading book. Hey there Mr. and Mrs. hectic do you still doubt that will?

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