



Asheville Food: A History of High Country Cuisine (American Palate)

By Rick McDaniel

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Asheville Food: A History of High Country Cuisine (American Palate) By Rick McDaniel

Thirty years ago, the mountain city of Asheville was known for little more than the Biltmore Estate. Since then, the sleepy town has become a nationally recognized food mecca, a hot spot for food celebrities and a bustling hub of microbreweries. Food historian and author Rick McDaniel traces the rise of the Asheville food scene from its early eateries to the pioneering chefs who put Asheville on the culinary map and the new generation of stars who command the kitchens at the city's hottest new restaurants. A founding city of the farm-to-table movement, Asheville is proud of its local food and drink, appearing on creative menus throughout the city and in the pages of the national food media. Join McDaniel as he embarks on a mouthwatering journey to explore the farmers, chefs, markets and history that have shaped Asheville's rich food heritage.

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Editorial Review

From the Back Cover

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About the Author

Rick McDaniel is a food historian, culinary anthropologist and author specializing in the food of the American South. A retired journalist, he covered food and restaurants as a contributing writer for the Asheville Citizen-Times from 1998 to 2008.

McDaniel has served as a southern regional judge for the James Beard Foundation chef and restaurant awards and as a consultant to the producers of *Diners, Drive-Ins and Dives* on Food Network and Anthony Bourdain's *No Reservations* on Travel Channel. His first book, *An Irresistible History of Southern Food* (The History Press, 2011) is in the academic libraries of Duke University, the University of Chicago and Harvard University.

Users Review

From reader reviews:

Andrew Schulz:

A lot of people always spent all their free time to vacation or maybe go to the outside with them family members or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity here is look different you can read any book. It is really fun for you personally. If you enjoy the book which you read you can spent all day long to reading a publication. The book Asheville Food: A History of High Country Cuisine (American Palate) it is extremely good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. If you did not have enough space to develop this book you can buy typically the e-book. You can m0ore very easily to read this book from your smart phone. The price is not too costly but this book features high quality.

Ezra Talbott:

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are you experiencing when the spare time coming to an individual of course your answer will certainly unlimited right. Then do you try this one, reading textbooks. It can be your alternative inside spending your spare time, typically the book you have read is usually Asheville Food: A History of High Country Cuisine (American Palate).

Amy Davis:

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