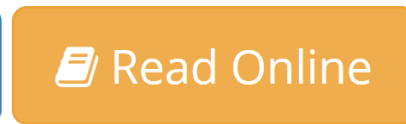


# Practicing Radical Honesty: How to Transform Your Life by Telling the Truth

By Dr. Brad Blanton



## Practicing Radical Honesty: How to Transform Your Life by Telling the Truth By Dr. Brad Blanton

Blunt, shocking and sometimes profane, this exciting book blasts self-help and feel-good remedies to expose the lies with which we imprison ourselves. It talks straight, hard and true to the heart of the human condition, pulling no punches. It gives us simple yet revolutionary tools to break out of our minds and into a direct and immediate perception of exactly where we are - then shows us how we can together create a world that works for everyone.

The book is divided into five sections:

1. True Individuality
2. Community and Compassion
3. Creating Your Own Destiny
4. How To Speak and Listen Your Projects Into Reality
5. Paradigms And Contexts: The Revolution of Consciousness as Political Change

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### Editorial Review

#### Review

An incredible ride through the corridors of consciousness, taking you to places not many have had the courage to visit before. -- *Neale Donald Walsch, author of the Conversations With God series*

Brad Blanton has developed the simple concept of honesty into a pragmatic system... -- *Jacques Werth, author of High Probability Selling*

If you really want to change your story about who you are ... read this book and do this work. -- *Jack Canfield, co-author of the best-selling Chicken Soup for the Soul series*

#### From the Back Cover

"An incredible ride through the corridors of consciousness, taking you to places not many have had the courage to visit before. That visit could change your life." (Neale Donald Walsch, author of the Conversations With God series)

#### About the Author

Psychotherapist, writer and seminar facilitator Brad Blanton often describes himself as "white trash with a Ph.D." With an engaging southern accent, Blanton speaks with an unwavering honesty that is both disarming and challenging, a quality that has earned him admirers as well as detractors.

Brad earned his doctorate from the University of Texas at 25 years old. But he attributes the bulk of his education to years spent as an activist in the civil rights movement, marching against the Vietnam war, living as a hippie in an old school bus and a fierce dedication to self-discovery and honesty. As a 40-year veteran of the human potential movement, Brad Blanton has the experience and the insight to be counted among the great thinkers of his generation.

After years working in academia, government and private enterprise, Brad settled into a professional niche in 1970 when he launched a private psychotherapy in Washington D.C. His practice thrived for 25 years, during which he counseled couples, groups and individuals, many of whom were among Capital Hill's most prominent players. From this vantage point, Brad developed a unique perspective on human nature, and this, in conjunction with the work he'd done on his own psyche, helped form his views about radical honesty. He now counsels people on how to live according to their own personal truths, and teaches that the primary cause of stress, depression, anger and violence is lying.

Brad lives in a small town in Virginia's Shenandoah Valley, where he spends his time teaching and conducting 8-day workshops on honesty. He regards his five children (ranging in age from 7 to 31) as his most influential teachers, and the inspiration for his new book, "Practicing Radical Honesty."

### Users Review

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#### Otis Thompson:

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