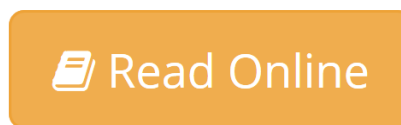


# Essentials of Nursing Practice

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### Editorial Review

#### Review

It has been an absolute pleasure to review the Essentials of Nursing Practice publication. Its content and design is comprehensive, evidence based, dynamic and therefore very interesting. I was particularly delighted to read the contributions made by both students and newly qualified nurses. It brings into sharp focus the exciting, but challenging journey that novice nurses are on in the early years of their career, as they develop the professional values, attributes and practices of highly qualified, competent and confident registered nurses. I would also like to pay tribute to the experienced nurses who contributed to this publication. I particularly applaud the four fundamental principles in which the publication has been designed: (1) holistic, person centred care, (2) awareness of the needs of all types of patients, (3) understand yourself and (4) learning can be fun. These four principles practised simultaneously are the bedrock of high quality nursing care. --Professor Lisa Bayliss-Pratt, Director of Nursing, Health Education England

Essentials of Nursing Practice is a beautifully presented, contemporary text and a highly readable resource. It is richly embellished with activities, case studies, student and service user perspectives and fully cross-referenced with evidence, policy and further reading. The integration of the NMC Standards and ESCs provides a blueprint for students and gives the book a holistic feel. This is an excellent course companion for all student nurses.

--Paul Newcombe, Associate Professor and BSc Nursing Year 1 Lead, Kingston University and St George s, University of London"

I found 'Essentials of Nursing Practice' a well structured and comprehensive guide to modern nursing theory and practice. The 'Skills in Nursing Practice' section is especially useful. The information is clear, coherent and most importantly relevant to a range of care areas. This book would be a valuable purchase for a first year undergraduate student, and I imagine it would be well used and worn at the end of a nursing degree. An excellent 'essentials' textbook. --Louise Clucas

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At last, a nursing book with clinical skills included that so thoroughly integrates people with learning disabilities and learning disabilities nursing alongside the other nursing fields. The stories from students and patients bring this text to life and will ensure the reader knows why nurses do what we do not just how. A fantastic book.

--Kim Scarborough, Programme Manager for Learning Disabilities Nursing, University of the West of England, Bristol

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(Louise Clucas)

#### About the Author

Catherine Delves-Yates is an experienced nurse and a lecturer at the School of Health Sciences, University of East Anglia. She started her nursing career as a student nurse at the Nightingale School of Nursing, London and has worked clinically in adult and paediatric critical care in the UK and has taught and nursed in America, Africa and Nepal. Her passion is to ensure all student nurses have the knowledge, skills and professionalism to deliver effective and compassionate nursing care to each of their patients. Catherine is very interested in the beliefs held by nurses about health and illness and is currently researching how this alters during an undergraduate nursing programme. She is an external examiner for the University of Hertfordshire, an honorary lecturer at the University of Buea and the University Institutes of Applied Studies – Hiams/Hiaebs, Cameroon and an international advisor for the Patan Academy of Health Sciences, Nepal.

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