


Rock Climbing: The AMGA Single Pitch Manual (How To Climb Series)


By Bob Gaines, Jason D. Martin



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Rock Climbing: The AMGA Single Pitch Manual is intended to serve as a textbook for past and future participants of the AMGA SPI program. The book builds upon Bob Gaines' book, *Toproping*, to more specifically address the needs of the professional climbing instructor and advanced recreational climbers. It presents the most current, internationally recognized standards for technical climbing systems used in single pitch rock terrain. Included are chapters on effective teaching in the outdoor environment, risk management, professionalism, environmental awareness, and rescue

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