



## I Suck at Relationships So You Don't Have To: 10 Rules for Not Screwing Up Your Happily Ever After

By Bethenny Frankel



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Bethenny Frankel, five-time *New York Times* bestselling author, self-made businesswoman, and media maven, shares her ten rules for relationship success and takes us on an empowering journey to learn how to say yes to love.

From running her Skinnygirl business to being a mom and a TV star, Bethenny Frankel appears to have it all. But when it comes to relationships, she is the first to admit that she has failed—a lot. In fact, Bethenny has made every mistake, from calling when she shouldn't have to misreading signals to staying with a guy for all the wrong reasons. In working through the mistakes, she has gained insight and wisdom about what matters most.

Filled with personal stories and the no-nonsense advice she's known for, *New York Times* bestseller *I Suck at Relationships So You Don't Have To* is the next step on Bethenny's *A Place of Yes* journey. She offers an unflinching but ultimately hopeful look at what it takes to find real love including tips on dating, how to trust your gut, avoiding self-sabotage, and much more.

It's easy to give up on romance, to expect the worst, and to doubt yourself, but you shouldn't be satisfied with a relationship that is mediocre—your relationship can and *should* be incredible. Using Bethenny's "A Place of Yes" attitude, you too can find love and a relationship that is more successful, fulfilling, and happier than ever before.



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- Sales Rank: #403975 in eBooks
- Published on: 2015-04-07
- Released on: 2015-04-07
- Format: Kindle eBook

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### Editorial Review

#### About the Author

Bethenny Frankel is the four-time bestselling author of *Skinnydipping*, *A Place of Yes*, *Naturally Thin*, and *The Skinnygirl Dish*. She is the creator of the Skinnygirl brand, which extends to cocktails, health, and fitness, and focuses on practical solutions for women. Visit her at [Bethenny.com](http://Bethenny.com).

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