



# Mind Programming: From Persuasion and Brainwashing, to Self-Help and Practical Metaphysics

By Eldon Taylor

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**\*Includes a FREE mind-training InnerTalk CD, which retails for \$27.95\***

It is the 21st century and we have experienced a technology explosion that has granted us a cornucopia of luxuries and opportunities. At this point, virtually anything seems possible. However, along with the positive developments are ominous collaborations designed to deprive us of an inherent birthright—the power of a free mind.

*Mind Programming* is a riveting expose on the plethora of research that has been carried out simply to discover ways to control your every thought and desire. What you will learn will both shock and horrify you. Tweaking your psyche has become big business. Never again will you be able to ignore the truth—your very thoughts are not your own.

*Mind Programming* provides the tools to take back control and reprogram your own mind. **Eldon Taylor** provides the insight, information, and easy-to-use methods that will empower you to realize the life of your dreams. You were not meant to be the product of another’s manipulation, whether in attitude and mood or in ambition and consumption.

This book has black and white illustrations.

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**Mind Programming: From Persuasion and Brainwashing, to Self-Help and Practical Metaphysics** By **Eldon Taylor Bibliography**

- Sales Rank: #700755 in Books
- Brand: Brand: Hay House
- Published on: 2009-04-15
- Original language: English
- Number of items: 1
- Dimensions: 9.06" h x 1.36" w x 6.26" l, 1.41 pounds
- Binding: Hardcover
- 288 pages

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### Editorial Review

#### Review

Brainwashing and marketing are big business; and your precious mind is a coveted commodity. In this book **Eldon Taylor** exposes all and tells you how to take your power back and be free to become your own best self. Eldon is really a master!

**Joan Borysenko**, Ph.D., Author of *Minding the Body, Mending the Mind and Your Soul's Compass*

In reading **Eldon Taylor's** book *Mind Programming: From Persuasion and Brainwashing to Self-Help and Practical Metaphysics*, I embarked upon a journey beginning at Psych 101 and ending deep into postgraduate Metaphysics; a reading experience that delivers a near-visceral adventure that begins with imagination and ends in near-manifestation. Eldon reveals the extraordinary reality of a virtually unrecognized dimension where each of us live every day but are completely unaware--the subliminal realm. I recently produced a motion picture featuring 23 Living Luminaries, each of whom shares pearls of wisdom and enlightened insights as to how we can all achieve true happiness and our purpose in life. Although it was an extraordinary cast, in retrospect I wish there had been 24. Eldon Taylor brings an invaluable teaching to seekers of wisdom and understanding. The world of higher learning has a new high bar<sup>1</sup> with his work.

**Michael J Lasky**, producer and founder, Gotham Metro Studios, Inc.

\*From the new film *Living Luminaries (on the Serious Business of Happiness)* featuring 23 luminaries such as Eckhart Tolle, Marianne Williamson, Don Miguel Ruiz, Michael Bernard Beckwith, Geronimo JiJaga (Pratt), Dr. Obadiah Harris, and many extraordinary masters of conscious disciplines

**Dr. Eldon Taylor's** new book is a must read! If you've ever questioned your purpose in life or felt bound by a culture that's driven by mass media, you now have at your fingertips the knowledge and tools to break the chains of this cycle. Eldon goes in-depth to illustrate and expose how we've been programmed from birth by social constraints; and he methodically reveals the psychological techniques that advertisers, politicians, corporations, and the media use to control us. He then provides strategies and solutions to free your mind from these tactics and rise to a new level of consciousness.

As you read this book, you'll feel the blinders being removed and will truly see the world in an entirely new light.

**Jeff Warrick**, documentary film-maker, *Programming the Nation?*

I've known **Eldon Taylor** for 20 years and have been fascinated with his research regarding subliminal communication. Mind programming can be used to control your mind for good or bad. *Mind Programming* presents tools to give you the power to program your own mind to empower you to realize your goals and desires. Book One deals with the dark side of persuasion methods, while Book Two gives you tools to train your own mind in the ways you want it to be trained. I especially appreciate his emphasis on forgiveness in healing and his serenity affirmations.

**Paul G. Durbin**, Ph.D., retired Brigadier General, U.S. Army chaplain

There's no doubt that we're seduced and programmed daily by the media, advertising, and world events. It's a

yeoman's work to protect ourselves against these outside influences. **Eldon Taylor's** groundbreaking book shows us how.

**Caroline Sutherland**, the author of *The Body Knows How to Stay Young*

A brilliant expose of how we've become unconsciously enslaved to that which we haven't understood! **Eldon Taylor** exposes and explodes the old worldview of fear and lack that has generated direct and indirect manipulation of our minds without our awareness or permission. With Well-earned insight, he offers proven pathways of self-empowerment that entrain our consciousness toward the model of unity and abundance that negates the survival paradigm.

In a period when fear has reached a frenzied pitch, Taylor shines a brilliant spotlight to dispel the darkness! **Angelina Heart**, the author of *The Teaching of Little Crow*

Who is the gatekeeper of your mind? If you aren't consciously vigilant in managing your thoughts and deliberately manifesting a life of high Self-esteem, abundance, rich and loving relationships, happiness, and fulfillment, you're allowing others to pollute your mind and diminish the quality of your life in all areas. **Dr. Eldon Taylor's** brilliant book *Mind Programming* will educate you on the dangers of having your mind manipulated by others and show you all the ways to champion your mind and your life.

Read this book to take control of your mind and all aspects of your life, and to create your compelling future on purpose.

**Dr. Joe Rubino**, founder, [CenterForPersonalReinvention.com](http://CenterForPersonalReinvention.com); creator, [SelfEsteemSystem.com](http://SelfEsteemSystem.com)

*Mind Programming* is at once shocking and hopeful, but brilliant in its presentation. **Dr. Taylor's** masterpiece helps us wake up and take back the incredible power of our minds--a power we may have unknowingly handed over to those who actively work to control our minds.

**Terri Marie**, author of *Be the Hero of Your Own Game*; CEO of White Wing Productions

#### About the Author

**Eldon Taylor** has made a lifelong study of the human mind and has earned doctoral degrees in psychology and metaphysics. He is a fellow with the American Psychotherapy Association (APA) and a nondenominational minister.

Eldon was a practicing criminalist for over ten years while completing his education. He supervised and conducted investigations and testing to detect deception. His earliest work with changing inner beliefs was conducted from this setting, including a double-blind study conducted at the Utah State Prison from 1986 to 1987. Eldon is president and director of Progressive Awareness Research, Inc. For more than 20 years, his books, tapes, lectures, and radio and television appearances have approached personal empowerment from the cornerstone perspective of forgiveness, gratitude, and respect for all life.

#### Users Review

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##### **Deborah Rinehart:**

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Brainwashing, to Self-Help and Practical Metaphysics will make you to become smarter. You can feel a lot more confidence if you can know about every little thing. But some of you think that open or reading the book make you bored. It is not necessarily make you fun. Why they may be thought like that? Have you looking for best book or ideal book with you?

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