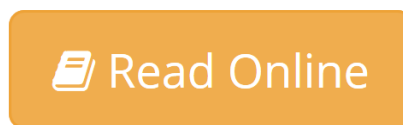


# The 10 Habits of Highly Successful Women

By Glynnis MacNicol, Rachel Sklar



**The 10 Habits of Highly Successful Women** By Glynnis MacNicol, Rachel Sklar

*The 10 Habits of Highly Successful Women* is a collection of essays revealing the secret career habits and hard-won wisdom of a diverse group of accomplished women, selected by Rachel Sklar and Glynnis MacNicol, co-founders of TheLi.st, the well-known network dedicated to elevating professional women.

Perhaps no group has experienced more upheaval in the last few decades than working women. In this series, each woman explores the one key habit or lesson that has made the difference in forging her career and attaining professional success.

Whether it's CNN personality Sally Kohn's exploration of emotional correctness or *What Not To Wear's* Stacy London on the wear and tear of our aspirational "Culture of Extraordinary"; why millennial Nisha Chittal won't tell you her age and what Cindy Gallop learned about sex while dating men half hers; how lessons from waitressing led Jenna Wortham to *The New York Times* or how Paula Froelich perfected the art of the "controlled burn" to start over after the end of a dream career—these essays uncover the challenges and delights of chasing, and finding, success in work and life as a professional woman.

*This book was initially released in episodes as a Kindle Serial. All episodes are now available for immediate download as a complete book.*

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### Editorial Review

#### About the Author

TheLi.st is a network and visibility platform for professional women from all industries who are ambitious, accomplished, and committed to helping each other rise. In 2013 it was named to *Forbes'* 100 Best Websites for Women and *Business Insider's* Silicon Alley 100, and has been featured in the *New York Times*, *Marie Claire*, the *Guardian*, *Fast Company*, *Elle*, *Buzzfeed*, *Refinery 29*, and more. Sign up for its regular newsletter at [www.TheLi.st](http://www.TheLi.st)

Glynnis MacNicol is a writer and co-founder of The Li.st. Previously she was the media editor at *Business Insider* and a founding editor of *Mediaite*. She contributes to *Capital New York*. During the 2008 election year, she was a regular contributor to *Playboy.com*. Her work has also appeared in print and online for publications including *Marie Claire*, *The Daily Beast*, the *Huffington Post*, *Outside*, and *Macleans*. She began her media career as an associate editor at the *Huffington Post* media blog *Eat the Press* and as the editor of *FishbowlNY*. Before that, she was a book publishing spy. Glynnis frequently speaks on the intersection of media and politics, and has appeared on CNN, Fox News, MSNBC, NBC, CBC, and Al Jazeera.

Rachel Sklar is a writer and co-founder of TheLi.st. A former lawyer who writes about media, politics, culture, and technology, Sklar was a founding editor at the *Huffington Post* and *Mediaite* and has contributed to the *New York Times*, *Newsweek*, *The Daily Beast*, *Hello Giggles*, *Elle*, *Glamour*, *Marie Claire*, *Politico*, and others. She is the author of *A Stroke of Luck: Life, Crisis and Rebirth of a Stroke Survivor* and has contributed to several anthologies, including *My Parents Were Awesome*, *Camp Camp: Where Fantasy Island Meets Lord of the Flies*, and *This Is Why You're Fat*. Rachel has been named to *Fast Company's* League of Extraordinary Women, *Forbes'* Women Changing the World, *Marie Claire's* New Guard, *Business Insider's* SA100, and has earned numerous honors and awards for her writing and her activism. Rachel speaks widely about media, diversity, politics, and culture; has appeared on CNN, Fox News, MSNBC, NBC, and CBC; and was a regular on *The Joy Behar Show* on HLN and Current.

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