



If How To's Were Enough, We Would All Be Skinny, Rich and Happy

By Brian Klemmer



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Welcome to the journey of personal growth called Personal Mastery. It is a journey that begins each day, but never ends. It is an exciting exploration of you, how you play the game of life and how your choices create your results. It is a journey available to all but chosen by few.

This practical book is based on the premise that people do not necessarily do what is good for them or what they are told. People's belief systems, who they think they are, and how they think life works, determines their behavior and ultimately their results. To create new levels of success requires new beliefs or new perspectives. This book offers the opportunity to explore your unproductive beliefs and discover new viewpoints to situations. These new viewpoints will accelerate success in all of the areas of your life that you desire.

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If How To's Were Enough, We Would All Be Skinny, Rich and Happy By Brian Klemmer Bibliography

- Sales Rank: #282549 in Books
- Brand: Brand: Klemmer n Associates
- Published on: 2000-01-12
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 5.75" w x .50" l, .38 pounds
- Binding: Paperback
- 120 pages

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Editorial Review

Review

"The chapter on "The Formula of Champions" by itself is worth 1,000 times what someone will pay for this book. It is the single biggest insight to producing results I have seen." -- *Mitch Huhem, President Millionaires in Training, A top Rexall Distributor*

"This is an absolute must read for the person who wants to enjoy life more, have more, and contribute to others at a very high level. Brian Klemmer captures the often elusive essentials in being a master of the game called life." -- *Mark Victor Hansen, co-author of the best selling Chicken Soup for the Soul*

"We were so impressed with Brian's training that we offered it to everyone in our factory! The effects were visible and immediate. Many, many employees thanked us for this opportunity to improve their personal lives. This book provides the unique insights into the culture necessary for success in any organization. It is focused on people and personal responsibility. I recommend this book to anyone who wants to improve themselves or their organization. It is more than a must read. It is a must do!" -- *Mike Simmons, Vice President Finance and Planning, The Fulton Group of Companies*

About the Author

For over 20 years Brian Klemmer has been a sought after speaker to tens of thousands of people around the world on unique perspectives and timeless principles in creating the life they want. He is founder the Personal Mastery Seminar, West Point graduate, professional member of the National Speakers Association and president of the international consulting group Klemmer and Associates. Klemmer and Associates is committed to creating a world that works for everyone with no one left out.

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Krystal Sutherland:

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