



The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)

By Elizabeth Verdick, Elizabeth Reeve M.D.

 Download

 Read Online

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D.

This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Some children with ASDs are gifted; others struggle academically. Some are more introverted, while others try to be social. Some get "stuck" on things, have limited interests, or experience repeated motor movements like flapping or pacing ("stims"). *The Survival Guide for Kids with Autism Spectrum Disorders* covers all of these areas, with an emphasis on helping children gain new self-understanding and self-acceptance. Meant to be read with a parent, the book addresses questions ("What's an ASD?" "Why me?") and provides strategies for communicating, making and keeping friends, and succeeding in school. Body and brain basics highlight symptom management, exercise, diet, hygiene, relaxation, sleep, and toileting. Emphasis is placed on helping kids handle intense emotions and behaviors and get support from family and their team of helpers when needed. The book includes stories from real kids, fact boxes, helpful checklists, resources, and a glossary. Sections for parents offer more detailed information.

 [Download The Survival Guide for Kids with Autism Spectrum D ...pdf](#)

 [Read Online The Survival Guide for Kids with Autism Spectrum ...pdf](#)

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)

By Elizabeth Verdick, Elizabeth Reeve M.D.

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D.

This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Some children with ASDs are gifted; others struggle academically. Some are more introverted, while others try to be social. Some get "stuck" on things, have limited interests, or experience repeated motor movements like flapping or pacing ("stims"). *The Survival Guide for Kids with Autism Spectrum Disorders* covers all of these areas, with an emphasis on helping children gain new self-understanding and self-acceptance. Meant to be read with a parent, the book addresses questions ("What's an ASD?" "Why me?") and provides strategies for communicating, making and keeping friends, and succeeding in school. Body and brain basics highlight symptom management, exercise, diet, hygiene, relaxation, sleep, and toileting. Emphasis is placed on helping kids handle intense emotions and behaviors and get support from family and their team of helpers when needed. The book includes stories from real kids, fact boxes, helpful checklists, resources, and a glossary. Sections for parents offer more detailed information.

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. Bibliography

- Sales Rank: #15181 in Books
- Brand: Free Spirit Publishing
- Published on: 2012-03-22
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .47" w x 7.00" l, 1.15 pounds
- Binding: Paperback
- 240 pages

 [Download The Survival Guide for Kids with Autism Spectrum D ...pdf](#)

 [Read Online The Survival Guide for Kids with Autism Spectrum ...pdf](#)

Download and Read Free Online The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D.

Editorial Review

Review

“With a kid-friendly format featuring brightly colored text and cartoon drawings, *The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)* is a well-organized, go-to resource packed with solid information and advice for kids and adults.”—*Curriculum Connections, School Library Journal*

“Finally, a book that relates to kids on the spectrum because it incorporates actual stories from their lives in their own words! I loved the format, readability, and the content . . . [a] big thumbs up to [the] authors for tackling a tough subject and giving voice to the very group it impacts—kids with autism.”—Louise Sattler, school psychologist, contributor to Education.com

“Verdick and Reeve’s guide manages to skillfully balance on the edge between information-heavy academic books and too-simplistic books for young children. They have produced an informative, practical guide for late elementary and middle school students that neither talks down to them nor floats above their heads.”—*VOYA*

“Pick it up for its emphasis on self-acceptance and its A-to-Z nature.”—*Scholastic Parent & Child*

“A treasured resource for families looking for help in successfully working through some of the problems faced by higher-functioning children with ASD. Buy two copies; one is sure to get worn out with use.”—*School Library Journal*

“This book is designed to be a resource for the entire ‘team of helpers’ rooting for every child trying to reach [his or her] full potential, including parents, teachers, friends, and support staff. The overarching tone is one of openness, making no social or physical facet of ASD taboo. Real problems are answered with real solutions shared by kids. Interesting anecdotes and cartoon illustrations are presented alongside invaluable tools . . . [T]he authors lay a strong foundation in giving kids the ultimate skill of self-advocacy.”—*Booklist*

“With so many children being diagnosed with autism spectrum disorders, numerous new advice books are becoming available. This is one of the more useful ones . . . It explains in clear language strategies children can train themselves to employ to improve functioning in the neurotypical world and why these might be useful. Generally useful and easily readable . . . with lots of practical advice, especially appropriate for grade-schoolers and their caregivers.”—*Kirkus*

“Filled with useful, accessible advice; appealingly colorful, and jauntily illustrated, *The Survival Guide for Kids with Autism Spectrum Disorders* should be one of the first books a family buys after a diagnosis. I wish it had been around when my own son was the right age for it, but I’m glad it’s here now; it will be invaluable to so many children and their families.”—Claire LaZebnik, coauthor of *Overcoming Autism and Growing Up on the Spectrum*

About the Author

Elizabeth Verdick has been writing books since 1997, the year her daughter was born. Her two children, now ages 14 and 10, are the inspiration for nearly everything she writes. In this survival guide, she writes from the perspective of a mother with a son on the spectrum and a passionate advocate for kids and parents in the autism community. She is the author of books in several Free Spirit series including *Toddler Tools™*, *Best Behavior™*, *Laugh & Learn™*, and *Adding Assets for Kids*. Elizabeth lives with her family and five pets near St. Paul, Minnesota.

Elizabeth Reeve, M.D., contributes not only her medical knowledge, but also her experiences as a mother of a son who has autism. Her clinical work focuses primarily on children and adults with developmental disabilities, and she has worked with many community organizations providing services to this population. In addition to her research and patient care, she is involved in teaching on a daily basis, regularly speaks in the community to educate others in the field of developmental disabilities, and stays up-to-date on this ever-changing field. Her recent endeavors focus on transition issues for young adults with ASDs as they enter college and the work force. She currently works in St. Paul and lives in Minneapolis, Minnesota.

Users Review

From reader reviews:

Seth Sawyer:

What do you with regards to book? It is not important along? Or just adding material when you require something to explain what you problem? How about your time? Or are you busy individual? If you don't have spare time to complete others business, it is make you feel bored faster. And you have extra time? What did you do? Every person has many questions above. They must answer that question since just their can do this. It said that about book. Book is familiar on every person. Yes, it is proper. Because start from on jardín de infancia until university need this *The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)* to read.

Mitchell Boone:

Spent a free a chance to be fun activity to accomplish! A lot of people spent their sparettime with their family, or their very own friends. Usually they undertaking activity like watching television, gonna beach, or picnic within the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Can be reading a book may be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to consider look for book, may be the publication untitled *The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)* can be great book to read. May be it is usually best activity to you.

Robert Monson:

Don't be worry when you are afraid that this book will probably filled the space in your house, you may have it in e-book method, more simple and reachable. This The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) can give you a lot of friends because by you considering this one book you have thing that they don't and make a person more like an interesting person. That book can be one of one step for you to get success. This guide offer you information that might be your friend doesn't recognize, by knowing more than additional make you to be great folks. So , why hesitate? We should have The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents).

Martha Dixon:

E-book is one of source of expertise. We can add our knowledge from it. Not only for students but additionally native or citizen have to have book to know the update information of year to help year. As we know those guides have many advantages. Beside we all add our knowledge, can bring us to around the world. By book The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) we can consider more advantage. Don't one to be creative people? For being creative person must want to read a book. Just choose the best book that acceptable with your aim. Don't end up being doubt to change your life at this book The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents). You can more pleasing than now.

Download and Read Online The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. #LKPM7TO132G

Read The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. for online ebook

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. books to read online.

Online The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. ebook PDF download

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. Doc

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. Mobipocket

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) By Elizabeth Verdick, Elizabeth Reeve M.D. EPub