



## The Cinematic Mirror for Psychology and Life Coaching

From Brand: Springer

 Download

 Read Online

**The Cinematic Mirror for Psychology and Life Coaching** From Brand: Springer

Cinema both reflects life and contours life?that is its psychological power. And for decades, clinicians and educators have recognized the value of this power, using it to respectively heal in therapy and educate in the classroom. The Cinematic Mirror for Psychology and Life Coaching mines the illustrative value of cinema, offering therapists and life coaches access to ideas that can motivate and enlighten clients.

Although many movie guides exist, this volume complements the available literature by adding positive psychology, mental health, and wellness perspectives to the clinical/educational/coaching mix. The serious intent to cull from cinema its underlying psychological value has motivated noted clinicians, life coaches, and cultural critics to offer science-based analysis and intervention strategies. Readers may add their own movie insights and professional expertise to this rich foundation. The volume covers international as well as domestic cinema in a variety of genres, providing a range of film choices relevant to clients' lives. Beyond this, it expands on universal concepts of strengths, capabilities, and coping methods. Chapters in The Cinematic Mirror: analyze how movies can create and relieve trauma, challenge Hollywood's portrayal of the American family, overview the use of movies to examine relationships in therapy, explore the acclaimed Up television cinema verite series as studies in personal growth and social change, reinterprets images of disability in terms of positive psychology, examines models, or the lack thereof, for the American adolescent rite of passage, traces the history of mental illness stereotypes in film.

The collective wisdom found in The Cinematic Mirror for Psychology and Life Coaching will bring professionals involved in healing, coaching, counseling, education, and mentoring not only new applications but new appreciation for the transformative power of film. That power already exists. Readers just have to "SEE" it.

 [Download The Cinematic Mirror for Psychology and Life Coach ...pdf](#)

 [Read Online The Cinematic Mirror for Psychology and Life Coa ...pdf](#)

# The Cinematic Mirror for Psychology and Life Coaching

*From Brand: Springer*

## The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer

Cinema both reflects life and contours life?that is its psychological power. And for decades, clinicians and educators have recognized the value of this power, using it to respectively heal in therapy and educate in the classroom. The Cinematic Mirror for Psychology and Life Coaching mines the illustrative value of cinema, offering therapists and life coaches access to ideas that can motivate and enlighten clients.

Although many movie guides exist, this volume complements the available literature by adding positive psychology, mental health, and wellness perspectives to the clinical/educational/coaching mix. The serious intent to cull from cinema its underlying psychological value has motivated noted clinicians, life coaches, and cultural critics to offer science-based analysis and intervention strategies. Readers may add their own movie insights and professional expertise to this rich foundation. The volume covers international as well as domestic cinema in a variety of genres, providing a range of film choices relevant to clients' lives. Beyond this, it expands on universal concepts of strengths, capabilities, and coping methods. Chapters in The Cinematic Mirror: analyze how movies can create and relieve trauma, challenge Hollywood's portrayal of the American family, overview the use of movies to examine relationships in therapy, explore the acclaimed Up television cinema verite series as studies in personal growth and social change, reinterprets images of disability in terms of positive psychology, examines models, or the lack thereof, for the American adolescent rite of passage, traces the history of mental illness stereotypes in film.

The collective wisdom found in The Cinematic Mirror for Psychology and Life Coaching will bring professionals involved in healing, coaching, counseling, education, and mentoring not only new applications but new appreciation for the transformative power of film. That power already exists. Readers just have to "SEE" it.

## The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer Bibliography

- Sales Rank: #4254309 in Books
- Brand: Brand: Springer
- Published on: 2009-12-22
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x .69" w x 6.14" l, 1.33 pounds
- Binding: Hardcover
- 292 pages

 [Download The Cinematic Mirror for Psychology and Life Coach ...pdf](#)

 [Read Online The Cinematic Mirror for Psychology and Life Coa ...pdf](#)



## Download and Read Free Online The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer

---

### Editorial Review

#### Review

From the reviews:

“The edited volume *The Cinematic Mirror for Psychology and Life Coaching* brings together 13 essays that both address how cinema might be integrated into therapeutic settings and explore the interface between film production in recent decades and psychological concerns such as marriage . . . . For clinicians, counselors, and coaches in North America . . . provides a uniquely valuable overview of international filmmaking. . . . psychologists and life coaches should be ready to deploy more broadly and effectively the cinematic resources described . . . in this collection.” (Vincent W. Hevern, *PsycCRITIQUES*, Vol. 55 (32), August, 2010)

#### From the Back Cover

Cinema both reflects life and contours life—that is its psychological power. And for decades, clinicians and educators have recognized the value of this power, using it to respectively heal in therapy and educate in the classroom. *The Cinematic Mirror for Psychology and Life Coaching* mines the illustrative value of cinema, offering therapists and life coaches access to ideas that can motivate and enlighten clients.

Although many movie guides exist, this volume complements the available literature by adding positive psychology, mental health, and wellness perspectives to the clinical/educational/coaching mix. The serious intent to cull from cinema its underlying psychological value has motivated noted clinicians, life coaches, and cultural critics to offer science-based analysis and intervention strategies. Readers may add their own movie insights and professional expertise to this rich foundation. The volume covers international as well as domestic cinema in a variety of genres, providing a range of film choices relevant to clients’ lives. Beyond this, it expands on universal concepts of strengths, capabilities, and coping methods. Chapters in *The Cinematic Mirror*:

- Analyze how movies can create and relieve trauma.
- Challenge Hollywood’s portrayal of the American family.
- Overview the use of movies to examine relationships in therapy.
- Explore the acclaimed Up television cinema verite series as studies in personal growth and social change.
- Reinterprets images of disability in terms of positive psychology.
- Examines models, or the lack thereof, for the American adolescent rite of passage.
- Traces the history of mental illness stereotypes in film.

The collective wisdom found in *The Cinematic Mirror for Psychology and Life Coaching* will bring professionals involved in healing, coaching, counseling, education, and mentoring not only new applications but new appreciation for the transformative power of film. That power already exists. Readers just have to “SEE” it.

#### About the Author

Dr. Mary Gregerson, a psychologist with specialties in health, environment, and media psychology, has published and presented nationally and internationally on the subject of psychology and film. In addition, Dr. Gregerson's critiques of films have been published in print and on the Internet. She has also consulted with theater, television, and film in both the direct portrayals of psychology and psychologists as well as the more subtle integration of psychology into character, plot, and action elements.

## **Users Review**

### **From reader reviews:**

#### **Jessica Davis:**

What do you think of book? It is just for students as they are still students or the item for all people in the world, the particular best subject for that? Simply you can be answered for that issue above. Every person has different personality and hobby for every other. Don't to be compelled someone or something that they don't wish do that. You must know how great and also important the book The Cinematic Mirror for Psychology and Life Coaching. All type of book would you see on many sources. You can look for the internet resources or other social media.

#### **Jamie Gregory:**

Nowadays reading books become more and more than want or need but also work as a life style. This reading practice give you lot of advantages. The huge benefits you got of course the knowledge the rest of the information inside the book this improve your knowledge and information. The details you get based on what kind of guide you read, if you want send more knowledge just go with schooling books but if you want experience happy read one having theme for entertaining for instance comic or novel. Often the The Cinematic Mirror for Psychology and Life Coaching is kind of e-book which is giving the reader unstable experience.

#### **Todd Porter:**

Hey guys, do you would like to finds a new book you just read? May be the book with the concept The Cinematic Mirror for Psychology and Life Coaching suitable to you? Typically the book was written by popular writer in this era. The actual book untitled The Cinematic Mirror for Psychology and Life Coaching is a single of several books that will everyone read now. This specific book was inspired a lot of people in the world. When you read this publication you will enter the new shape that you ever know ahead of. The author explained their concept in the simple way, so all of people can easily to understand the core of this e-book. This book will give you a large amount of information about this world now. To help you see the represented of the world within this book.

#### **Wayne Hankinson:**

In this era globalization it is important to someone to acquire information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You will

see that now, a lot of publisher which print many kinds of book. Often the book that recommended for you is The Cinematic Mirror for Psychology and Life Coaching this publication consist a lot of the information in the condition of this world now. This specific book was represented how can the world has grown up. The words styles that writer use for explain it is easy to understand. Typically the writer made some exploration when he makes this book. This is why this book suited all of you.

## **Download and Read Online The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer #84N5YBGPAKR**

## **Read The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer for online ebook**

The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer books to read online.

### **Online The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer ebook PDF download**

#### **The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer Doc**

**The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer Mobipocket**

**The Cinematic Mirror for Psychology and Life Coaching From Brand: Springer EPub**