



## DSM-5 Essentials: The Savvy Clinician's Guide to the Changes in Criteria

By Lourie W. Reichenberg



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Everything you need to know about the DSM-5™ in an organized and concise presentation

Providing you with a quick and easy way to get up-to-speed on recent changes to the two main classification systems—DSM-5 Essentials highlights these changes in a logical and systematic manner so that you can easily make the transition from DSM-IV to DSM-5.

Author Lourie Reichenberg offers health care providers, instructors, clinicians in practice settings, and office staff who do coding for insurance reimbursement the information they need to do their jobs smoothly and efficiently with coverage of:

- The twenty classifications of disorders
- Emerging measures and models
- The future of diagnosis and treatment planning
- Matching clients' needs with the best evidence-based treatment
- Major changes to the DSM-5 such as the replacement of the multiaxial system, the developmental and lifespan approach, and cultural and gender considerations

Arranged in the same sequence as the DSM-5, DSM-5 Essentials covers what has changed from the DSM-IV, what these changes mean for diagnosis, and the implication of these changes on the selection of effective, evidence-based treatment.

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#### Review

"This book is a succinct guide through the complexities of DSM-5. The busy clinician will find it to be an invaluable diagnostic resource that not only demystifies the manual but also enhances its clinical application."

—**Gary G. Gintner**, Ph.D., Associate Professor and Program Leader, Counselor Education, Louisiana State University

#### About the Author

**LOURIE W. REICHENBERG** is in private practice in Falls Church, Virginia. Her practice includes people with a broad range of concerns and mental disorders, notably adjustment, mood, and anxiety disorders. She has a particular interest in working with people who have lost family members to suicide, people in crisis, and as part of the treatment team for people with bipolar disorder. In addition to individual and couples counseling, she also provides workshops and educational programs to community, governmental, and mental health agencies and also offers training and supervision to people seeking licensure as counselors, as well as to practicing clinicians. She has provided DSM-5 training to counselors and other mental health professionals.

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