



Sacred Mirrors: The Visionary Art of Alex Grey

By Alex Grey

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This unique series of paintings takes the viewer on a graphic, visionary journey through the physical, metaphysical, and spiritual anatomy of the self. From anatomically correct rendering of the body systems, Grey moves to the spiritual/energetic systems with such images as "Universal Mind Lattice," envisioning the sacred and esoteric symbolism of the body and the forces that define its living field of energy.

Includes essays on the significance of Grey's work by Ken Wilber, the eminent transpersonal psychologist, and by the noted New York art critic, Carlo McCormick.

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Editorial Review

Review

"The majority of Grey's recent work depict spiritual/energetic systems--the sacred and esoteric symbolism of the body and the forces that define its living field of energy." (*Magical Blend*, January 1992)

"The color plates are of exceptional quality depicting both human and spiritual forms in a variety of intriguing and thought-provoking ways." (*The Midwest Book Review*)

"Mr. Grey's paintings, as detailed and anatomically accurate as medical illustrations, present man as an archetypal being struggling toward cosmic unity--Grey's vision of a flawed but perfectible mankind stands as an antidote to the cynicism and spiritual malaise prevalent in much contemporary art." (*New York Times*)

"Reverence and beauty radiate from every page." (*Jay Kinney, Gnosis, Winter 1999*)

"These are extraordinary works, exquisitely reproduced. Some people will be illuminated and transformed in the process of viewing. I found them compelling." (*Judi Koteen, Napra Trade Journal, Fall 1990*)

About the Author

Alex Grey is an artist whose work has appeared in the Stux galleries, New York and Boston; the London Regional Art Gallery, Canada; the University of California Museum of Art, Santa Barbara; the Chicago International Art Exposition; the New Museum, New York; the Grand Palais, Paris; the São Paulo Biennial, Brazil; and numerous other exhibitions. He is also the author of the book *Transfigurations*.

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