



Fool Me Once: Should I Take Back My Cheating Husband? (Surviving Infidelity, Advice From A Marriage Therapist) (Volume 2)

By Caroline Madden PhD



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You've discovered that your husband has cheated on you. Maybe you've discovered incriminating emails or text messages from his lover, or, worse yet, have actually seen them together. Your world is crashing down. You feel like a nuclear bomb just decimated your entire world, and you are trying to shield yourself from the fallout. This is very likely the most painful experience you've ever had. You've been sucker punched in the soul. **Infidelity in marriage makes you doubt everything, including your own judgement.**

You are so confused. Your emotions are volatile - one minute you're so angry you could claw his eyes out, the next moment you're devastated with grief because you fear he will leave you for his affair partner.

You never wanted a divorce, but somehow you are now in this position. Do you take him back or blow up your family? What about the kids? It's all so unfair!

Ever since you were a young woman, you told all your friends that if your man ever cheated on you, you would be so out of there. But life isn't black and white anymore, is it? You love your husband. Sure, there might have been issues, but you know that marriage is work.

You've built a life together. You have a home. You have children. You cringe at the idea of being a single mother and hitting the dating scene. He seems sincere in wanting to work things out. You want to stay married. But then you think to yourself, "Only weak women stay with cheaters. Strong women walk!" Then you loop and want a divorce, until you think of your kids being spilt between two homes.... and now you want to stay married. Rinse, Repeat.

You can't even think straight and you keep going through a never ending loop of ambivalence. You will never get unstuck until you **develop criteria** around if your husband is sincere in wanting your marriage to recover after infidelity.

Caroline Madden, is a Licensed Marriage & Family therapist who specializes in helping women recover from their husband's infidelity. In *Fool Me Once*, she shares the criteria she uses to determine if a man is truly remorseful and determined to save his marriage or if he is likely to cheat again.

Here is some of the information she shares:

- 5 Things That **Look Suspicious** (But Probably Aren't)
- 5 Signs You Should Consider **Giving Him Another Chance**
- 7 Signs He is Going to **Cheat Again** (And You Will Be Hurt Again)

Infidelity in marriage is traumatic and you need to take time to assess the situation. *Fool Me Once* will give you the tools you need to evaluate your relationship. It will help you determine whether you should trust your husband or not and decide if your marriage is worth saving.

As they say "Fool me once, shame on *you*. Fool me twice, shame on *me*."

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Editorial Review

Review

Caroline Madden, MFT, has produced an uncomplicated and straightforward guide to determining whether or not the wife of a cheating husband should **stay or go** in the aftermath of his infidelity. This is a must-read for any therapist who works with couples.

-Joe Girillo, Marriage & Family Therapist and Addiction Expert

Caroline Madden does in this brief work what many others fail to do with more words. Concise and appropriately lengthed, this book gives plenty of information. It defines the basic types of affair and shows behaviors that indicate a repentant husband who has a sincere desire to make his marriage right versus behaviors that warn of a possible chronic cheater.

-Beth Durkee, award-winning author of *Navigating Marital Abandonment* and *The Disposable Noble Wife*

This succinct and intelligent guide gives you the perspective that you need to figure out **what to do in the aftermath of infidelity**. Not every marriage needs to end after cheating, but some should. This book helps you clarify what happened and whether your husband is pathological or able to make things right.

-Dr. Samantha Rodman, founder of DrPsychMom.com and author of *How to Talk to Your Kids About Your Divorce*

From the Author

Since you were a young woman you told all your friends that if your man ever cheated on you, **you would be so out of there.**

At times you want to stay married. But then you think to yourself, "Only weak women stay with cheaters. Strong women walk!" Then you loop and want a divorce, until you think of your kids being split between two homes.... and now you want to stay married. Rinse, Repeat.

You can't even think straight and you keep going through a never ending loop of ambivalence. You will never get unstuck until you **develop criteria** around if your husband is sincere in wanting your marriage to recover after infidelity.

I am a Licensed Marriage & Family Therapist who specializes in helping women decide what to do after their husband's infidelity in marriage. In *Fool Me Once*, I share the **criteria** I use to determine if a man is truly remorseful and determined to save his marriage or if he is likely to cheat again.

From the Back Cover

Caroline Madden does in this brief work what many others fail to do with more words. Concise and

appropriately lengthed, this book gives plenty of information. It defines the basic types of affair and shows behaviors that indicate a repentant husband who has a sincere desire to make his marriage right versus behaviors that warn of a possible chronic cheater. I was particularly grateful for the section that listed some common pitfalls of injured spouses aiming to reconcile. Trust after betrayal is a tricky thing and it is easy to forget that both partners need sympathetic healing.

-**Beth Durkee**, award-winning author of *Navigating Marital Abandonment* and *The Disposable Noble Wife*

Users Review

From reader reviews:

Gerald Dews:

The e-book untitled Fool Me Once: Should I Take Back My Cheating Husband? (Surviving Infidelity, Advice From A Marriage Therapist) (Volume 2) is the book that recommended to you to learn. You can see the quality of the e-book content that will be shown to you actually. The language that writer use to explained their ideas are easily to understand. The article writer was did a lot of exploration when write the book, and so the information that they share to you personally is absolutely accurate. You also might get the e-book of Fool Me Once: Should I Take Back My Cheating Husband? (Surviving Infidelity, Advice From A Marriage Therapist) (Volume 2) from the publisher to make you much more enjoy free time.

Crystal Sanchez:

Your reading sixth sense will not betray a person, why because this Fool Me Once: Should I Take Back My Cheating Husband? (Surviving Infidelity, Advice From A Marriage Therapist) (Volume 2) book written by well-known writer who really knows well how to make book that can be understand by anyone who also read the book. Written within good manner for you, still dripping wet every ideas and composing skill only for eliminate your current hunger then you still hesitation Fool Me Once: Should I Take Back My Cheating Husband? (Surviving Infidelity, Advice From A Marriage Therapist) (Volume 2) as good book not merely by the cover but also from the content. This is one book that can break don't judge book by its include, so do you still needing a different sixth sense to pick that!? Oh come on your studying sixth sense already said so why you have to listening to a different sixth sense.

Lisa Jennings:

You may spend your free time to study this book this reserve. This Fool Me Once: Should I Take Back My Cheating Husband? (Surviving Infidelity, Advice From A Marriage Therapist) (Volume 2) is simple bringing you can read it in the area, in the beach, train as well as soon. If you did not have got much space to bring the actual printed book, you can buy the actual e-book. It is make you simpler to read it. You can save typically the book in your smart phone. Therefore there are a lot of benefits that you will get when one buys this book.

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