



Let it Go!: Breaking Free From Fear and Anxiety (Tony Evans Speaks Out Booklet Series)

By Tony Evans



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When God says, "Be not afraid," do we really hear Him?

"Whatever it is that has you bound up in anxiety only got to you in the first place after passing your Father's review... He will not send you more than you can bear..." — Tony Evans

In this easy-to-read guide, pastor and Bible teacher Dr. Tony Evans shares wisdom from the Word on breaking free from the emotional strongholds that keep us trapped in fear and anxiety. Learn how to let go of the past, live in the present, and trust God for the future.

This booklet-style format makes a quick, easy read, and a possible gift book for a struggling friend.

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- Let Go of the Past
- Live in the Present
- Trust God For the Future

About the Author

DR. TONY EVANS is the founder and president of The Urban Alternative, a national ministry dedicated to restoring hope in personal lives, families, churches and communities. Dr. Evans also serves as senior pastor of Oak Cliff Bible Fellowship in Dallas. He is a bestselling author and his radio program, *The Alternative with Dr. Tony Evans*, is heard on nearly 1,000 stations around the globe every day. For more information, visit: tonyevans.org.

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