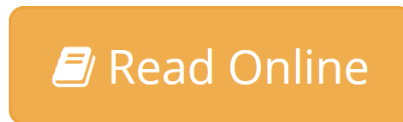


The Art and Science of Dance/Movement Therapy: Life Is Dance

From Routledge



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The Art and Science of Dance/Movement Therapy offers both a broad understanding and an in-depth view of how and where dance therapy can be used to produce change. The chapters go beyond the basics that characterize much of the literature on dance/movement therapy, and each of the topics covered offers a theoretical perspective followed by case studies that emphasize the techniques used in the varied settings. Several different theoretical points of view are presented in the chapters, illuminating the different paths through which dance can be approached in therapy.

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- Rank: #353003 in eBooks
- Published on: 2015-08-27
- Released on: 2015-08-27
- Format: Kindle eBook

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Editorial Review

About the Author

Sharon Chaiklin, BC-DMT, is a founding member and past president of the American Dance Therapy Association. A student of Marian Chace, one of the first dance therapists in the United States, she worked for over 34 years in psychiatric hospitals and private practice. She taught in the Graduate Dance/Movement Therapy Program at Goucher College, Baltimore, Maryland and has authored several articles. She was co-editor of the book Foundations of dance/movement therapy: The life and work of Marian Chace. Invitations to teach brought her to Israel, Argentina, Japan, Korea, and the Philippines. Currently she serves as trustee on the board of the Marian Chace Foundation. She received ADTA Lifetime Achievement Award in 2012.

Hilda Wengrower. Ph.D, DMT, teaches and lectures in Israel and internationally. Former academic director of the DMT master's program at IL3-University of Barcelona, She maintains a private practice which includes supervision. Hilda has published papers and chapters on subjects related to arts therapies in educational settings, DMT with children with behavioral disorders, migration, qualitative research, arts based research and DMT. She is an active member of the Israeli Association of Creative Arts Therapies promoting and organizing conferences and activities. She is book reviews editor of the International Journal Body, Movement and Dance in Psychotherapy.

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