



Trilogia da Existência: Teoria e Prática da Psicoterapia Vivencial (Portuguese Edition)

By Tereza Cristina Saldanha Erthal



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Trilogia da Existência é a reunião dos três livros de Tereza Cristina Erthal sobre o ser, sua existência e o processo de mudança em terapia. Nesta obra, a autora desenvolve os fundamentos básicos da Psicoterapia Vivencial (terapia apoiada em Sartre), seu método, técnicas e modelos de atendimento. Finalmente, para clarificar ainda mais os princípios filosóficos no qual a psicoterapia se apóia, casos clínicos são apresentados, demonstrando a dinâmica entre a teoria e a prática.

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- Sales Rank: #3006530 in eBooks
- Published on: 2013-05-10
- Released on: 2015-08-05
- Format: Kindle eBook

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