



## Summary Brian Tracy's EAT THAT FROG!: 21 Great Ways to Stop Procrastinating and Get More Done in Less Time

By Ant Hive Media

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### Summary Brian Tracy's EAT THAT FROG!: 21 Great Ways to Stop Procrastinating and Get More Done in Less Time By Ant Hive Media

Eating the ugly frog is the worst thing you can imagine to do on any day. The frog here stands for the most important thing that we put off doing as it seems the most challenging one. In the list of your priorities, it is the most important thing that often gets neglected and delayed.

Brian Tracy prompts us to action with his insightful methods that have stood the test of time. Sky is the limit for your success, if you have trained yourself to eat that frog first every day.

Written in a simple and engaging style, he reveals the secrets of great and successful people who achieved greatest heights in their career and life.

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Ant Hive Media reads every chapter, extracts the understanding and leaves you with a new perspective and time to spare. We do the work so you can understand the book in minutes, not hours.

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